WHY TRAIN WITH SUMMIT PSYCHOLOGY SERVICES?

The ELSA Network training and supervision that Summit Psychology Services offers has been awarded the national quality mark by the national ELSA Network. You can be certain that not only will you have highly experienced trainers and qualified supervisors, but that training, and supervision is of the highest possible national standards.

Summit Psychology Services took the lead, investing in, and introducing ELSA Training and Supervision to Staffordshire and Stoke-on-Trent in 2018. The lead trainer, <u>Dr Dawn Bradley</u>, is also a member of the national ELSA Network steering group and is the regional contact for advising and guiding all other ELSA Network training providers in the West Midlands and the North West.

CONTACT US

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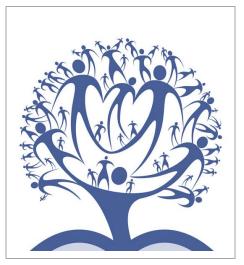
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NATIONALLY ACCREDITED EMOTIONAL LITERACY SUPPORT ASSISTANTS (ELSA)TRAINING





ELSA TRAINING: WHY DO WE NEED IT?

The ELSA training programme is evidence based with more than ten years of ELSA research evidencing that children, young people, educational communities, and families have benefitted from the support provided by ELSAs. We are acutely aware of some of the difficulties and adversities that children and young people face and experience and there will be times when our children and young people will need the support of a trusted and empathic adult to help them. The skills that ELSAs bring are to support children and young people with overcoming life's challenges, to support their wellbeing, to provide relational care, to apply therapeutic approaches, and to help children and young people to develop the skills they need that promote emotional, social, and psychological growth and resilience.

ELSA TRAINING AND IMPLEMENTATION

ELSA training is a nationally accredited course with 6 training days forming the core curriculum. We teach and support teaching assistants to develop the emotional literacy and overall resiliency of children and young people. ELSAs are trained to transfer and apply in practice the knowledge and skills gained in training and supervision. There are an additional two days of optional training in Attachment, Trauma, Relational Care in Education, and Emotion Coaching. Optional days are also certified. At a minimum, ELSAs will attend six days core training, up to a maximum of 8 days. All training days and supervision sessions are delivered by specialist Educational Psychologists. ELSAs plan and deliver bespoke and individualised programmes of support for children and young people in their school or setting. A programme of support usually lasts for one half term but can extend to a term.

ELSA PROGRAMME CONTENT

DAY 1



ELSA and Emotional Literacy in Schools: Raising Awareness of Emotional Literacy. The morning session is attended by the ELSA school supervisor and/or SLT

DAY 2 AND DAY 3



Building Resilience and Self-Esteem

Part 1: Relationships

Part 2: Motivation and Confidence

DAY 4



Emotional Regulation

Social and Friendship Skills

DAY 5



Loss, Bereavement, and Family Break Up

The Use of Story in ELSA work

DAY 6



Active Listening and Reflective Conversations

The Use of Puppets in ELSA work

SUPPLEMENTARY TRAINING DAYS

ADDITIONAL TRAINING DAY - PREFIXES CORE TRAINING

Attachment Aware and Trauma Informed ELSAs

ADDITIONAL TRAINING DAY - CONCLUDES CORE TRAINING

Emotion Coaching ELSAs

SUPERVISION

Supervision is an integral part of training with six two-hour sessions required and included approximately six weeks apart. Supervision groups are limited to eight people per group.

To retain registration, ELSAs must maintain annual supervision for six two-hour sessions each year.

Supervision is provided by a team of highly experienced Educational Psychologists, registered with the British Psychological Society as registered and approved supervisors.

DURING AND AFTER TRAINING

ELSAs will be able to carry out regular (weekly) sessions with individual pupils or small groups if appropriate. They will be able to develop individualised programmes of support that are matched specifically to the individual needs of children and young people and monitor interventions using appropriate evaluation tools. ELSAs are very well placed to share ideas with staff across the wider school community about how best to support the social, emotional, and wellbeing needs of children and young people.

WHAT'S INCLUDED IN THE TRAINING?

High quality training and supervision provided by a team of experienced and knowledgeable applied psychologists with specialisms in social, emotional, and wellbeing needs, attachment, complex trauma, and relational care. Training materials for each training day and access to a large library of free additional supplementary resources hosted online. The opportunity to access webinars, online training, workshops, and first refusal conference tickets. Certification for accredited training completed and school certification. Joining a large and established ELSA peer support network of over 60 ELSAs (2021) and access to our ELSA training and supervision team.

WHAT DOES IT COST?

ELSA training: Six days training and six sessions of supervision ~ £675.00

Additional Training Days ~£85.00 each

Full Training: Eight days training and six sessions of supervision ~ £800.00

Supervision following accreditation and registration ~£200.00

WHAT DO I NEED TO DO TO TRAIN?

We offer training in Stafford and Newcastle-Under-Lyme. Training places are limited so that trainees have the very best training experience. In the first instance register your interest to train by contacting us.

Make sure that you can support your ELSA on their training journey and are prepared to support the embedding of ELSA at a systemic level across your whole school community during and following training.

Appoint an ELSA line manager that is prepared to meet with your ELSA on a regular basis and to support your ELSA in school.

https://www.summitpsychologyservices.co.uk/elsa-training